

# The Rochester OSA *Optics Suitcase*: 13 years of middle school outreach

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## ABSTRACT

The Rochester Section of the Optical Society of America (ROSA) developed a youth outreach program in 1999 to be presented in middle schools by scientists, engineers and engineering students. The objective was to kindle interest in technology careers, especially those related to optics, photonics, and optical engineering. Three in-class experiments using individual take-home theme packets that explore color in white light were devised early in the program, and these have proven to be the key to its success. Over the past 13 years, with financial support from a variety of organizations and individuals, ROSA has manufactured and delivered over 450 *Optics Suitcases* to groups in 34 US states and 54 countries. The presentation guide is now available in 4 languages besides English. In this paper, the elements of an *Optics Suitcase* presentation are reviewed, and examples of outreach events are used to document its success.

**Keywords:** Outreach, education, optical demonstrations

## 1. INTRODUCTION

The Rochester section of the Optical Society of America (ROSA) was founded in 1915. Its almost 100 years of history are filled with many accomplishments. One of its greatest successes is the outreach program called *Optics Suitcase*, which was started in 1999 under the guidance of ROSA President Don Golini. In the past thirteen years, the *Optics Suitcase* effort has grown to have an international presence, with over 450 *Suitcases* distributed in 34 US states and 54 countries to date. In this paper, we give an overview of the history of the *Optics Suitcase*, detail its contents, and present examples of outreach events.

## 2. THE OPTICS SUITCASE

The *Optics Suitcase* program was initiated in 1999 by the ROSA Education Committee led by Stephen Jacobs, at the request of President Donald Golini to become more involved with youth outreach in the community. The idea of a 40 minute in-school presentation to children ages 9-13 that could be given by our members was developed, and initial funding was provided by ROSA to purchase a set of supplies to create a portable *Suitcase*. Three demo experiments exploring color in white light through diffraction, polarization and selective reflection from liquid crystals were assembled into take-home theme packets, with the intention of giving these out to the students.

The *Optics Suitcase* program helps promote optical careers to children in school by exposing them to examples of what can be achieved with optical engineering. Key elements of the success of the *Optics Suitcase* include interesting demonstrations, interactive participation, and take-home packets. Children often repeat at home the lessons learned, showing the take-home demonstrations to friends and family members.

### 2.1 Contents of the *Optics Suitcase*

With slight variations throughout the years, the contents of the *Optics Suitcase* are for the most part the same as in the original version of the suitcase<sup>1</sup>. The *Optics Suitcase* comes in a sturdy case that facilitates transportation and contains all the material needed for the presentation, as can be seen in Fig. 1. Both reusable supplies and take-home theme packets are included. A typical in-class presentation takes about 40 minutes. The take-home supplies include 75 copies

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of the periodic table of the elements and 225 theme packets that explore color in white light through three hands-on experiments (75 copies of each set).



Figure 1. The *Optics Suitcase*.

A typical *Optics Suitcase* presentation starts off by using some of the reusable supplies included in the *Suitcase*, shown in Fig. 2. These activities are used to break the ice and encourage children to be curious about science.

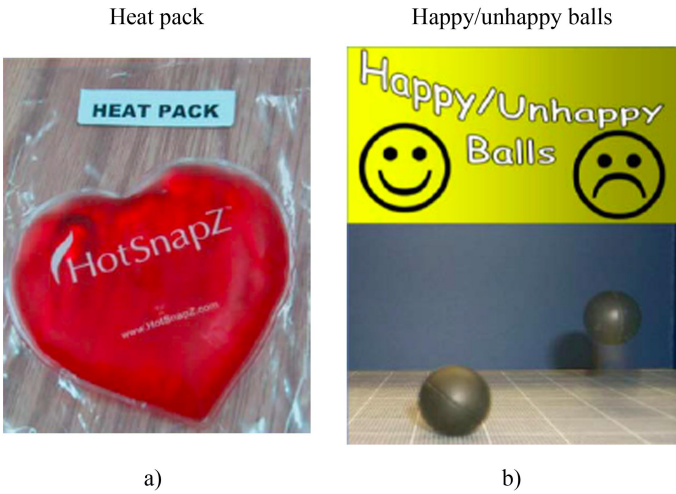


Figure 2. The heat pad and happy/unhappy ball demonstrations serve as ice-breakers during the presentation.

A heat therapy pad is used to show how chemistry can be used to improve our lives. The happy/unhappy balls are used to illustrate how materials science allows us to control the properties of materials. The rubber balls appear the same, but when they are dropped, it becomes clear to the children that they are not the same. In fact, since only one ball is vulcanized, when the balls are dropped, one bounces while the other does not. The children are taught that technology can transform materials to make them serve different applications.

To introduce the topic of optical engineering, a wafer of silicon and a silica lens are shown (see Fig. 3). With the aid of a periodic table, the children learn that, with the addition of oxygen, silicon turns transparent at visible wavelengths. The presenter can talk about transparency and reflection, and discuss examples of the use of silicon wafers and lenses in everyday applications.

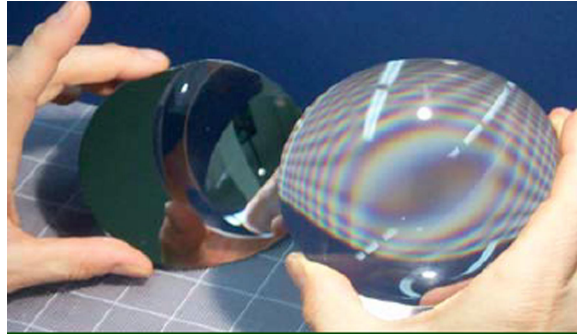


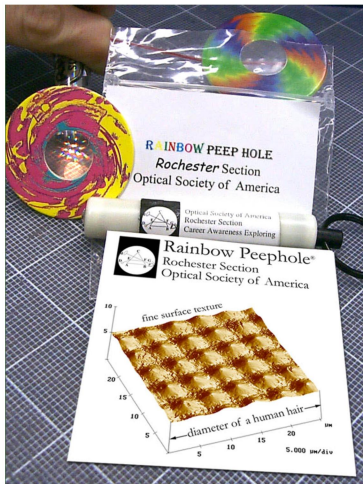
Figure 3. Silicon wafer and silica lens. The addition of oxygen turns silicon from opaque to transparent at visible wavelengths.

The first optical demonstration – and possibly the most popular among children – is on diffraction. The “Rainbow Peephole” take-home packet, which includes a flashlight, a diffraction peephole and an information sheet, is shown in Fig. 4(a).

Rainbow Peephole

Magic Stripes

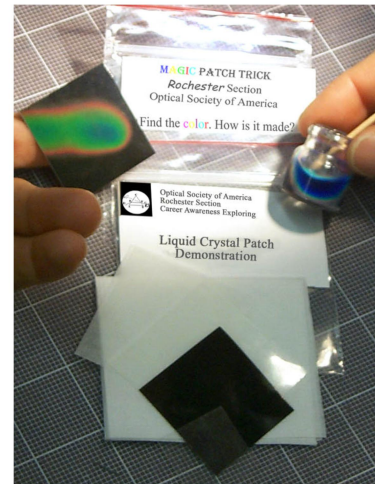
Magic Patch



a)



b)



c)

Figure 4. The three main demonstrations contained in the *Optics Suitcase*, featuring the take-home packets on (a) diffraction, (b) polarization, and (c) selective reflection.

By holding the diffraction peephole up to their eye and looking at various light sources, including the flashlight provided with the packet, children learn about diffraction gratings, and how they can be used to split the spectrum of white light into its colored components. A micrograph of the fine structure of the grating is included in the packet. This demonstration can start a discussion on the optical spectrum, visible wavelengths and white light.

The second take-home packet, featuring polarization, is called “Magic Stripes”, as shown in Fig. 4(b). It consists of two polarizers and a small collection of various plastic utensils. Using the two linear polarizers provided, children can create a polariscope to visualize the stress in plastic pieces. Two large sheet polarizers are also included in the *Suitcase* as an aid for the demonstration. A Slinky, included in the *Suitcase*, can be used to illustrate the properties of waves.

The third take-home packet, consisting of a liquid crystal patch as shown in Fig. 4(c), is called “Magic Patch”. It introduces the topic of selective reflection. The presenter can press the face or a hand on the large sheet of sheet of liquid crystals included in the *Suitcase* to illustrate how liquid crystals react to temperature. The sheet reflects different colors depending on the temperature.

Additional modules for in-depth lectures are also available. In the liquid crystal module, the children can assemble a mood patch by creating a sandwich of liquid crystal materials between two pieces of plastic, as shown in Fig. 5. The liquid crystals are placed on a piece on black plastic (Fig. 5(a)), covered with a piece of clear plastic (Fig. 5(b)), and sealed with transparent tape (Fig. 5(c)) to create a mood patch. A video of this demonstration was made by the OSA student chapter of École Polytechnique de Montréal and is available on the internet<sup>2</sup>.

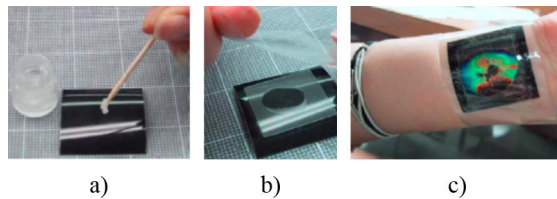


Figure 5. Mood patch assembly.

## 2.2 Educational merits of the *Optics Suitcase*

In 2010, through a partnership between OSA Foundation and the Greater Milwaukee Foundation, the *Optics Suitcase* was presented 25 times to over 575 students in grades 5-8 in Milwaukee, WI. For the first time, a quantitative measure of the impact of the program was obtained, as shown in Figs. 6 and 7.

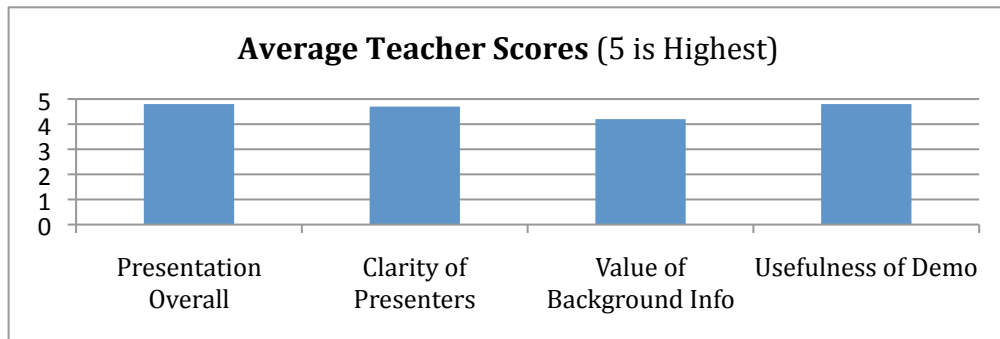


Figure 6. Assessment of the *Optics Suitcase* by 14 teachers in grades 5-8 in Milwaukee, WI.

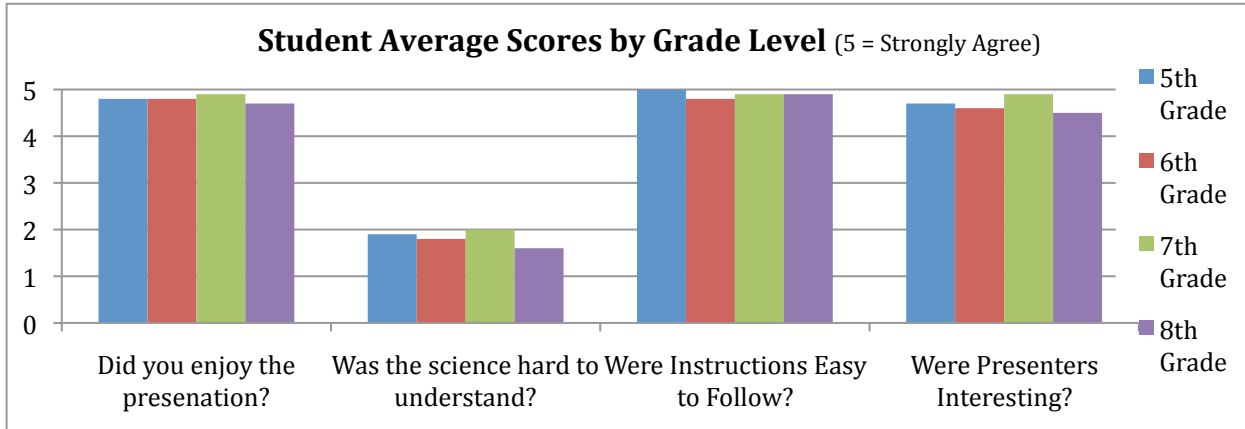


Figure 7. Assessment of the *Optics Suitcase* by 248 students in grades 5-8 in Milwaukee, WI.

The effectiveness of the presentation was scored by 14 teachers and 248 children on a scale from 1 to 5, and the response was overwhelmingly positive. 98% of the children said they had liked the presentation, and 97% said they would share what they learned with a friend or family member. Further tools to assess the effectiveness of the program have recently been proposed in Serbia<sup>3</sup>.

### 2.3 A global presence

After the translation of the *Optics Suitcase* guide in 2011 into German, Spanish, Portuguese and Mandarin Chinese, the global presence of the *Optics Suitcase* keeps growing. So far, the *Suitcase* has been used in 34 states of the United States and in 54 countries, on all continents. Fig. 8 shows the map of the distribution of *Suitcases* as of July 2012.

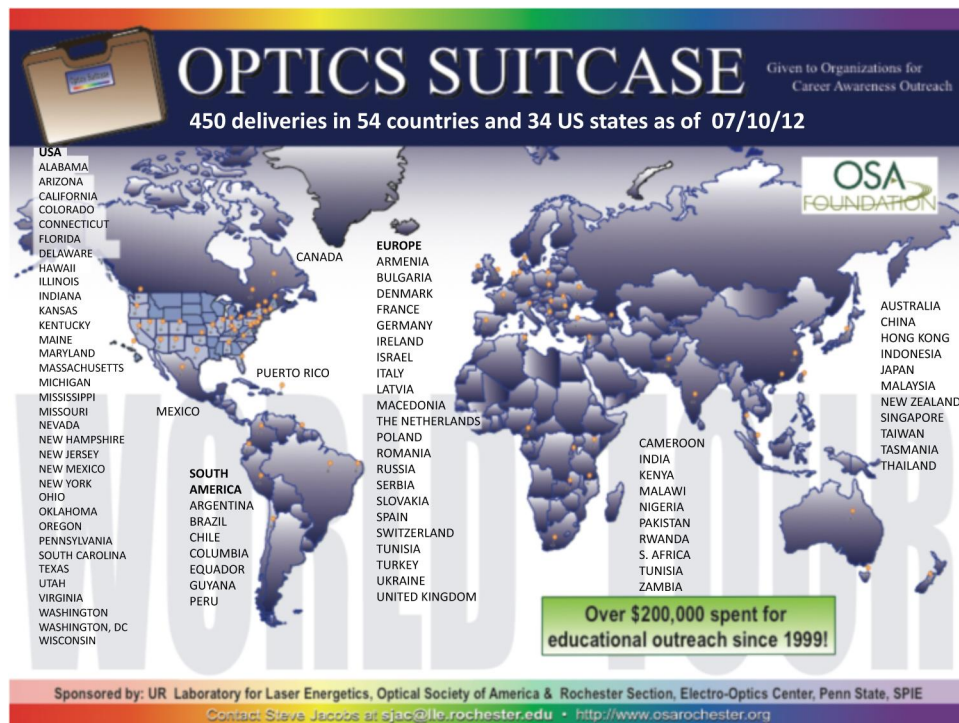


Figure 8. Distribution of the *Optics Suitcase* as of July 2012.

In 2011, 75 *Suitcases* were assembled and distributed. Currently, ROSA is producing new *Suitcases* at full capacity (12 units/month). In 2011, applications for a free *Optics Suitcase* skyrocketed, and over 100 organizations had joined the waiting list. That same year, the OSA Foundation started handling shipping of the *Suitcases* directly, to help ROSA focus its efforts on *Suitcase* preparation. A set of criteria for evaluating requests was established, giving priority to organizations that had never received an *Optics Suitcase*, OSA student chapters/local sections, developing nations, and countries in which there is no *Optics Suitcase*. Priority is given to newly formed OSA and OSA/SPIE student chapters.

### 3. OUTREACH EVENTS

Countless presentations have been made with the *Optics Suitcase*. In addition to the many lessons given with the suitcases shipped around the world, several outreach events are organized directly by ROSA members, both locally and internationally. One of the more difficult but extremely rewarding presentations was given by Alexis Spilman Lanning in 2005, when she brought the *Optics Suitcase* to Malawi, in Africa, and presented the demonstrations to over 600 children<sup>4</sup>. The annual Family Night, taking place at The Institute of Optics at the University of Rochester since 2008, had a participation of over 150 people in 2011.

### 4. CONCLUSION

Since 1999, the Laboratory for Laser Energetics (LLE) has teamed with the Rochester Section of the Optical Society of America (OSA) to develop and administer the *Optics Suitcase* program. The principal goal of this program is to provide a demo lesson for college students, scientists and engineers to take into middle school classrooms. It is expected that, by enthusiastically discussing their careers, these visitors can motivate students to take math and science courses in high school, thereby “keeping the door open” for further training to enter technology fields after secondary school.

After thirteen years, the *Optics Suitcase* program is still going strong. Over 450 *Suitcases* have been distributed so far, and children all over the world have been introduced to the magic of optics.

### ACKNOWLEDGEMENT

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